

KEY OUTCOMES FROM OREGON'S HEALTHY START PROGRAM 2006-2007

Healthy Start is Oregon's largest child abuse prevention program, providing screening and referral services to 9,788 families and evidence-based intensive home visiting for 2,857 of Oregon's most at-risk families in fiscal year 2006-07. Healthy Start became a nationally accredited Healthy Families America program in June 2007. Healthy Start demonstrates positive outcomes for Oregon's highest risk families, including documented lower rates of child maltreatment and supporting children's readiness for school.

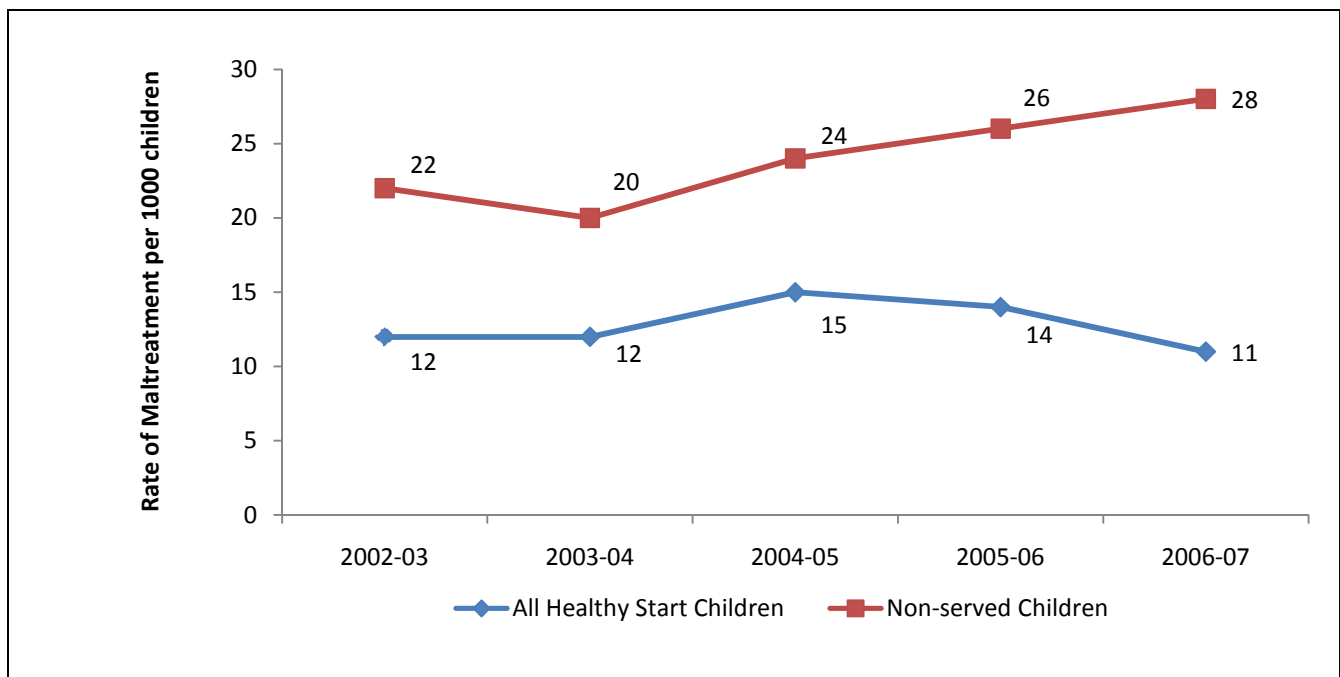


Below is a summary of key outcomes for Healthy Start families participating in home visiting services during FY 2006-07. To view the complete FY 2006-07 reports please visit www.oregon.gov/OCCF.

CHILDREN IN HEALTHY START EXPERIENCE LESS MALTREATMENT

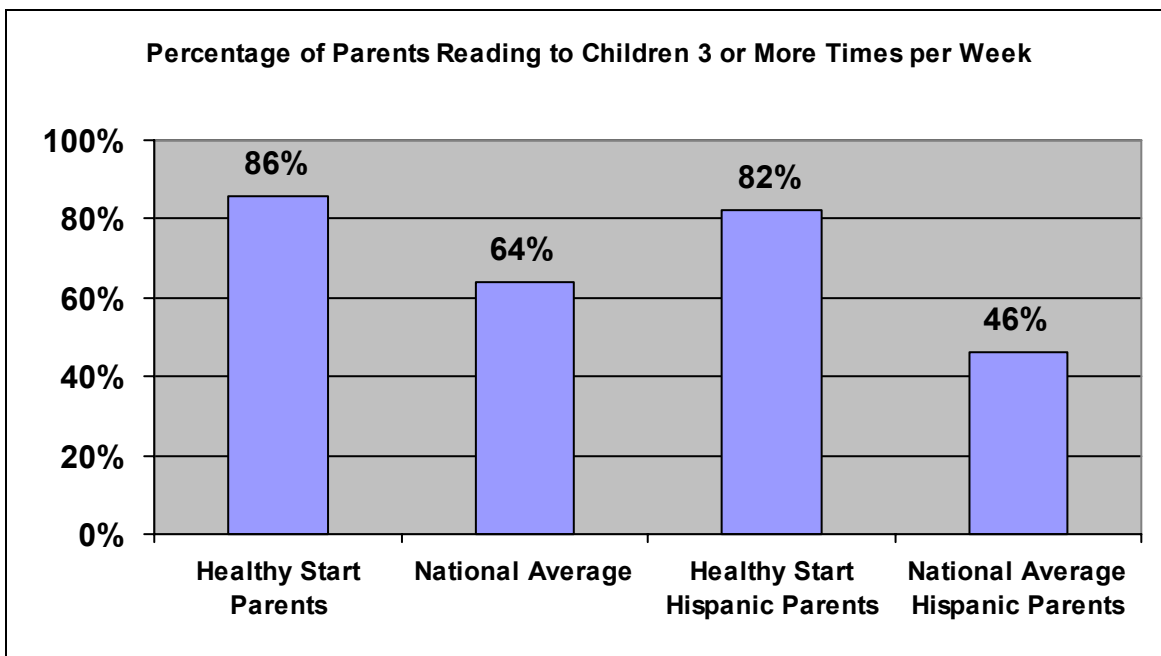
The evaluation of the Healthy Start program has consistently documented that families served by Healthy Start have a reduced rate of child maltreatment. This is true even in the face of escalating maltreatment rates in Oregon and nationally. Specifically:

- Since 2003, the child abuse rates for children birth to age two who **are not in** Healthy Start have been almost double the rate for children who **are in** Healthy Start. This year, the incidence of child abuse for children not in Healthy Start is almost two and a half times greater than for Healthy Start children.
- In 2006-07, the rate of substantiated reports for Healthy Start families was only 11 per 1000, compared to 28 per 1000 among families not served by Healthy Start.



HEALTHY START REDUCES RISK FACTORS FOR CHILD MALTREATMENT & SUPPORTS SCHOOL READINESS

In addition to being associated with reduced maltreatment rates, Healthy Start supports protective factors and reduces risk factors associated with maltreatment, thus supporting broader child well-being and school readiness. Healthy Start parents are far more likely to read to their young children, an important foundation for developing literacy skills.



Positive Parenting: After 6 months in the program:

- **Improved Interactions:** 82% of parents reported that they had positive, supportive interactions with their children.
- **Improved Parenting:** 81% of families reported that they improved their parenting skills.
- **Decreased Stress:** 39% of Healthy Start parents reported a significant decrease in parenting-related stress during six months following their child's birth, a time generally marked by *elevated* stress.

Healthy Children and Families

- **Immunizations:** 93% of Healthy Start's 2-year-olds were fully immunized, compared to only 78% of all Oregon 2-year-olds (Oregon ALERT Immunization Registry, 2006).
- **Health Care Linkages:** After 6 months of service:
 - 94% of Healthy Start's children were receiving regular well-child check-ups, compared to only 84% of young children nationally (Child Trends, 2004).
 - 98% of Healthy Start's children had a primary health care provider.
- **Healthy Growth and Development:** More than three-fourths (79%) of Healthy Start Intensive Service children received regular developmental screening during FY 2006-07. Most (90%) of these children showed normal growth and development, and 78% of Healthy Start Intensive Service children with identified developmental delays were linked to early intervention services.