



# TAMARA PERKINS, PH.D.

SENIOR RESEARCH ASSOCIATE

## CONTACT

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## EDUCATION

**PH.D. SOCIOLOGY**  
UNIVERSITY OF CALIFORNIA AT  
SAN DIEGO  
**M.A. SOCIOLOGY**  
UNIVERSITY OF CALIFORNIA AT  
SAN DIEGO  
**B.A. CHINESE LANGUAGE &  
LITERATURE**  
OBERLIN COLLEGE

## PROFILE

Tamara Perkins, Senior Research Associate at NPC Research, has been serving as either lead evaluator or project director on a variety of community evaluation projects for 20 years.

She has served as the Principal Investigator or Project Director for multiple studies in American Indian communities, including the evaluation of a Native American youth suicide prevention program serving the 43 federally recognized Tribes in the Pacific Northwest, 3 Tribal Native Connections suicide prevention projects, a Tribal Behavioral Health Integration project funded by the Indian Health Service, Tribal teen pregnancy program, and a Tribal Public Health Modernization project. She also worked a statistical consultant to a Native American Research Centers for Health (NARCH) study by a Washington state Tribal community. In these capacities she works on evaluation design, survey instrument design and implementation, database development and management, field-based data collection, data analysis, as well as report and grant writing.

Prior to joining NPC Research, Dr. Perkins worked in the field of cross-cultural and language training. She also taught at Lewis and Clark College, worked both for the Multnomah County Department of Human Services, and for a Portland-based nonprofit organization providing substance abuse treatment, mental health counseling, family wellness, and health services for Native American and Alaska Native families.

Dr. Perkins received her Ph.D. in Sociology from the University of California, San Diego, with an emphasis on socioeconomic development, women in development, and the role of institutions in the transition from socialism.

## WORK EXPERIENCE

### SENIOR RESEARCH ASSOCIATE

NPC Research | 2007 – present

Principal Investigator and Project Director for multiple studies. These include a Native American youth suicide prevention program serving the 43 federally recognized Tribes in the Pacific Northwest, multiple Native Connections suicide prevention projects, a SAMHSA Zero Suicide project at a Tribal Clinic, a Tribal Behavioral Health Integration project, a midwestern Tribal Child Traumatic Stress Initiative project, and a Tribal Opioid Response Consortium initiative that has served more than 30 Tribes in the Pacific Northwest.



### ***Senior Research Associate, NPC, continued***

In these capacities she works closely with program staff to design evaluations that are useful to Tribal staff and community members; develop and implement paper and online surveys; create and manage databases; and conduct interviews and focus groups. She also cleans, analyzes, and summarizes qualitative and quantitative data, making sure that interpretations are based in the realities and understandings of the community. Tamara works with program staff to ensure that the short briefs, presentations, and/or longer reports she drafts are user-friendly, as well as visually relevant and beautiful.

### **RESEARCH AND EVALUATION ANALYST**

Native American Rehabilitation Association, NW | 2005 – 2007

Responsible for all aspects of program evaluation design and implementation, data collection, analysis, database creation and management, grant writing, IRB protocol design and submission, consulting and technical support to organization staff. Lead Evaluator for SAMHSA Targeted Capacity Grant. Evaluation team member and data administrator for cross-site evaluation for the first Native American grantee in cohort one of the SAMHSA-funded Garrett Lee Smith Youth Suicide Prevention grant, which involved several Oregon Native American tribes/tribal confederations. Data analysis and policy recommendation support for Clinical Leadership Team.

### **SELECTED TECHNICAL REPORTS & PRESENTATIONS**

- Leslie Robertson, MS & Perkins, T. (February 2023). “Community Survey Results: Understanding readiness to Support The Needs of LGBTQ2S People .” Prepared for the Confederated Tribes of Grand Ronde Youth Empowerment and Prevention Program, Grand Ronde, OR.
- Perkins, T. (December 2022). “Marimn Health Zero Suicide Community Readiness Assessment Report.” Prepared for the Coeur d’Alene Tribe Marimn Health Clinic, Plummer, ID.
- Perkins, T., Mackin, J. R., Ho, T., Partipilo, C., Caughlan, C., Craig Rushing, S., & McCray, C. “3-Site Healing of the Canoe Survey Results, 2018-2019.” Poster presentation for the American Association of Suicidology: April 2020.
- Perkins, T., (July 2019). “Circles of Hope Youth Suicide Prevention Project Highlights – 2015-2019.” Prepared for the Yellowhawk Tribal Health Center Youth Suicide Prevention Program, Pendleton, OR.
- Perkins, T., Herrera Allen, T., & Ho, T. (March 2016). “Tribal Personal Responsibility Education Program, It’s Your Game Evaluation Report.” Prepared for the Confederated Tribes of Grand Ronde Youth Prevention Program, Grand Ronde, OR.
- Perkins, T., Cattone, A., Snoddy, A., Finigan, M. (August 2011). “Addictions and Mental Health Division Substance Abuse Treatment Follow-Up Study: 12-Month Final Report.” Prepared for the Oregon Health Authority Addictions and Mental Health Division.
- Mackin, J.R., Perkins, T., Tarte, J. with Dent, C. (April 2010). “Life is Sacred Program Enhanced Evaluation: Oregon Native Youth Survey Data Multi-Tribal Community Report.” Prepared for the Centers for Disease Control and Prevention and the Substance Abuse and Mental Health Services Administration.