

# MY PARENTING EXPERIENCE I FORM

My Parenting Experience forms (MPE I, MPE II-A, and MPE II-B) provide an opportunity for parents to share information directly with the Healthy Families Oregon evaluation team, NPC Research. Information about the parent's experience is critical for supporting ongoing program development and improvement, allows parents to have a voice in the evaluation process, and satisfies various required reporting standards.

The My Parenting Experience I (MPE I) form is a one-page form, with questions on the front and back, and is blue in color. Please confirm you are using the correct form by verifying that the upper right hand corner reads "Version 14.1, January 1, 2020".

The MPE I form should be completed by the primary caregiver within 1 month of the baby's birth and **should not be completed prenatally**. If the family begins services prenatally, you should wait until *after* the baby is born to ask the parent to complete the form. This form is available in both English and Spanish. At this time, this form has not been translated into other languages. If the parent you are working with does not read English or Spanish, you may either (1) return an incomplete form to NPC with Program Use items A-E completed (bottom of page 1), indicating a language barrier on item D, or (2) talk/read through the form with the parent in their native language, filling in responses for the parent and indicating "Yes" on Item E ("survey is being filled out for the caregiver by a Healthy Families worker"). Please note that by marking "Yes" to this question, we understand this does not mean you are answering *for* the parent, but rather *assisting* them with understanding the questions.

Please complete these required pieces of information *before* handing the form to the parent:

- Child Name
- Today's Date
- Baby's Birth Date
- Items A-E at the bottom of the form

If any of these fields are not filled out, the data cannot be reliably linked to other evaluation data and will be returned to the program.

Important things to note regarding the use of the MPE I form:

- Bring the MPE I form to the parent during a home visit. Please do not leave this form with the parent to complete later, but rather provide time during the home visit for the parent to complete the form and return it to you before you leave the home visit.
- The parent who is the primary caregiver should complete the MPE I form. If it happens that *both* parents want to complete separate forms, only return the form completed by the primary

caregiver to NPC. The MPE I form completed by the *other* parent may be kept in the parent's file for your records only (do not send the second parent's completed form to NPC).

- Give the parent sufficient privacy to complete this form. Some parents may need assistance from the home visitor (e.g., if there are language and/or literacy issues) in completing the form—which is fine. However, if you *do* assist the parent, please indicate this on Item E at the bottom of the form.
- For bubbling errors, let the parent know they may put an “X” through the incorrect bubble, then bubble the correct item.
- Do not worry if a parent returns a form to you with some items blank (parents may skip any question they don't want to answer), or some bubbles not fully filled in, or with a checkmark in a bubble instead of filling it in. Evaluation staff will review the parent forms and fill in any partially filled bubbles to ensure all the data are being counted.

Below is a summary of the MPE I questions that are asked of parents:

1. The first set of questions, 3a through 3i, ask parents to best describe how they feel about the support they get from other people using a rating scale that ranges from “As much as I would like” to “Much less than I would like”.
2. Questions 4a through 4m are statements about parenting and what might be enjoyable or difficult for the parent at the present time. Parents are asked to rate how much they agree or disagree with each statement on a scale from “Strongly Agree” to “Strongly Disagree”. Parents are reminded there are no right or wrong answers.
3. Questions 5 & 6 ask parents whether they have felt bothered in certain ways *in the past 2 weeks*. Two weeks is the standard language for assessing depression concerns.
4. The last question – question 7 – provides us with information regarding how often parents have performed certain activities with their child using a scale ranging from “Not at all” to “More than once a day”.