

MY PARENTING EXPERIENCE II-A FORM

My Parenting Experience forms (MPE I, MPE II-A, and MPE II-B) provide an opportunity for parents to provide information directly to the Healthy Families Oregon evaluation team, NPC Research. Information about the parent's experience is critical for supporting ongoing program development and improvement, allows parents to have a voice in the evaluation process, and satisfies various required reporting standards.

The My Parenting Experience II-A form is a perforated 2-sheet form with three pages of questions. The first page is front and back, and the second page is front only. This form is green in color. Please confirm you are using the correct form by verifying that the upper right hand corner reads "Version 14 January 1, 2020".

The My Parenting Experience II-A form should be administered when the child is 6, 12, 24, 36, and 48 months of age. This form is available in both English and Spanish. At this time, this form has not been translated into other languages. If the parent you are working with does not read English or Spanish, you may either (1) return an incomplete form to NPC with Program Use items A-F completed (bottom of page 1), indicating a language barrier on item E, or (2) talk/read through the form with the parent in their native language, filling in responses for the parent and indicating "Yes" on Item E ("survey is being filled out for the caregiver by a Healthy Families worker"). Please note that by marking "Yes" to this question, we understand this does not mean you are answering *for* the parent, but rather *assisting* them with understanding the questions.

Please complete these required pieces of information *before* handing the form to the parent:

- Child Name
- Today's Date
- Baby's Birth Date
- Items A-F at the bottom of the form

If any of these fields are not filled out, the data cannot be reliably linked to other evaluation data and the form will be returned to the program.

Important things to note regarding use of the MPE II-A form:

- Bring the MPE II-A form to the parent during a home visit. Please do not leave this form with the parent to complete later, but rather provide time during the home visit for the parent to complete the form and return it to you before you leave the home visit.
- The parent who is the primary caregiver should complete the MPE II-A form. If it happens that *both* parents want to complete separate forms, only return the form completed by the primary

caregiver to NPC. The MPE II-A form completed by the *other* parent may be kept in the parent's file for your records only (do not send the second parent's completed form to NPC).

- Explain to the parent that the intention of the form is to gather information about how well the program is working for families, and to determine if there are program improvements that can be made for the benefit of the families it serves. Stress that this form is not about “grading” them as parents, nor will it ever be used to make decisions about their ability to participate in services. Please stress that there are no right or wrong answers and that parents should just respond with how they are feeling about these items on that day. For bubbling errors, let the parent know they may put an “X” through the incorrect bubble, then bubble the correct item. Finally, let them know that they may skip any question they do not feel comfortable answering.
- Give the parent sufficient privacy to complete this form. However, some parents may need assistance from the home visitor (e.g., if there are language and/or literacy issues) in completing the form—which is fine. However, if you *do* assist the parent, please indicate this on item E at the bottom of the form.
- Do not worry if a parent returns a form to you with some items blank (parents may skip any question they don't want to answer), or some bubbles not fully filled, or with a checkmark in a bubble instead of filling it in. Evaluation staff will review the parent forms and fill in any partially filled bubbles to ensure all the data are being counted.
- Please enter the Child ID at the top of the second page (page 3) where indicated. This way, if the pages of the form are separated, we can connect the correct pages to each family.
- If pages are separated, please *do not staple* them. You may leave them loose or paper clip them. Tears in the paper resulting from staple removal may prevent the form from being scannable.

Below is a summary of the MPE II-A questions that are asked of parents. Several of the questions were also asked on the My Parenting Experience I form and are asked again on this form every 6 months to track parent changes in behaviors and experiences over time:

1. Just like the parent intake form, questions 3a through 3i asks parents to best describe how they feel about the support they get from other people using a rating scale that ranges from “As much as I would like” to “Much less than I would like”.
2. Questions 4a through 4e ask how often parents have performed certain activities with their child using a scale ranging from “Not at all” to “More than once a day”.
3. Questions 5a through 5d focus on the action the *parent* does while reading to their child, regardless of the child's age. This might mean the parent *talking* to the child about the book (such as describing what is happening in the story or what the pictures on the page look like) and not necessarily expecting responses to questions (like when the child might be too young to answer). Item 5a – “Talk about what will happen next in the story?” – is intended to include *all* ages of children. Even when children are very young, talking with them about the book the parent is reading or showing them can help children with early literacy.

4. Questions 6a and 6b are assessing activities that reflect the child’s engagement while parents are reading to them. Please note that question 6b asks if the child participates in any one of these 3 activities (turning pages, asking questions, or acting out parts of the book), not necessarily *each* of these activities.
5. Questions 7 & 8 ask about parents’ knowledge, confidence, and ability in relation to their child when their child was *born* compared to how they feel about their parenting knowledge, confidence, and ability “now”.
6. Questions 9, 10 and 11a through 11m are questions that were also asked at intake on the MPE I form which allow us to track changes and progress for parents in these areas over time. Questions 9 & 10 ask whether parents have felt bothered in certain ways *in the past 2 weeks*, and questions 11a through 11m ask parents to rate how much they agree or disagree to statements about various aspects of parenting.

Unlike the My Parenting Experience II-B form, the My Parenting Experience II-A form is not a confidential form. This means, as a home visitor, you may review the responses the parent indicated on this form after it has been returned to you. Some home visitors have found it helpful to review the responses on question 3 to determine additional resource recommendations that can be made to the family. Responses to questions 7 & 11 may indicate additional areas for sharing information with the family. And finally, questions 9 & 10 may indicate if an additional depression screening may be warranted.