

KEY OUTCOMES FOR THE HEALTHY FAMILIES OREGON PROGRAM 2013-2014



Healthy Families Oregon is the largest child abuse prevention program in the state. HFO provided screening and referral services to almost 8,000 first-time parents (44% of all first births) and evidence-based intensive home visiting for 2,436 of Oregon’s most at-risk families in fiscal year 2013-14. HFO is a nationally accredited Healthy Families America program, ensuring high-quality implementation of recognized standards of practice for effective home visiting programs. HFO achieves positive outcomes for Oregon’s highest risk families, including documented lower rates of child maltreatment and supporting children’s readiness for school.

Below is a summary of key outcomes for HFO families participating in home visiting services during FY 2013-14. To view the complete FY 2013-14 reports please visit www.npcresearch.com.

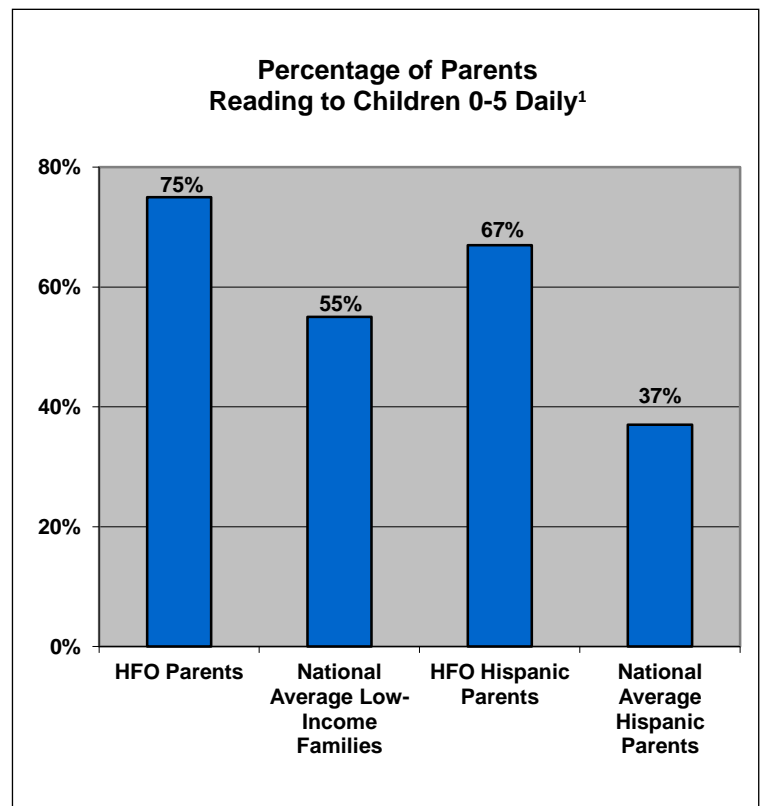
HEALTHY FAMILIES OREGON REDUCES RISK FACTORS & SUPPORTS SCHOOL READINESS

Positive Parenting: After at least 6 months in the program:

- **More Early Literacy Support:** 75% of parents report reading regularly to their children. Daily reading is a key building block for later school readiness in children.
- **Improved Interactions:** 96% of parents reported that they had positive, supportive interactions with their children.
- **Improved Parenting:** 77% of parents reported that they improved their parenting skills.
- **Decreased Stress:** 64% of HFO parents reported a significant decrease in parenting-related stress, a significant risk factor for child maltreatment.

Healthy Children and Families:

- **Immunizations:** 87% of HFO’s 2-year-olds were fully immunized, compared to only 68-74% of all Oregon 2-year-olds (Oregon ALERT Immunization Registry, 2012).



¹ Child Trends, <http://www.childtrends.org/?indicators=reading-to-young-children>

- **Health Care: After at least 6 months of service:**
 - Children in families served by HFO exceed Oregon general population rates for connections to preventive health care, including:
 - 99% of HFO children had health insurance, compared to 88% in Oregon overall;
 - 98% of HFO children had a well-child exam in the last 12 months, compared to 80% in Oregon; and
 - 87% were fully immunized by age 2, compared to 79% in Oregon statewide.
- **Providing Home Visits Prenatally Improves Birth Outcomes:**
 - HFO families who were screened and began services prenatally were much more likely to report breastfeeding their infants (79%) compared to those who began service post-natally (68%).
 - Children of mothers served prenatally were also less likely to be born premature (6% vs. 11%).
 - However, the number of families screened and served prenatally (n = 246) is relatively small statewide, suggesting that the need for expansion of prenatal services to more communities may be important.
- **HFO Provides Important Early Developmental Screening and Referral**
 - 83% of all HFO children received at least one developmental screening using the Ages and Stages Questionnaire (ASQ) during 2013-14, although only 68% of children were screened within the suggested screening age windows.
 - 8% of children were identified with a developmental concern or delay; of these almost all (95%) received a referral to Early Intervention services or other appropriate follow-up action.

HEALTHY FAMILIES OREGON SERVES FAMILIES AT HIGH RISK FOR ABUSE & NEGLECT

Families in HFO's Intensive Service home visiting program have an average of three to four serious risk factors for child maltreatment and negative child outcomes, for example:

- 87% are below the Federal Poverty Level (compared to 15% statewide)
 - 77% are single parents (compared to 35% statewide)
 - 67% of parents report a childhood history of abuse or neglect
 - 39% of parents reported having current substance abuse issues
 - 32% of parents reported having current mental health issues
 - 34% have less than a high school education (compared to 20% statewide)
 - 26% have prior or current criminal justice involvement
 - 25% screened positive for maternal depression symptoms
 - 14% are teen parents (compared to 3% statewide)
- Families who agree to participate in HFO home visiting services have **more of these risk factors** than those who decline services.
 - Families with three or more of these risk factors **are 43 times more likely to be maltreated.** (*Healthy Families Oregon Maltreatment Prevention Report, 2011-2012*)

QUALITY CONTINUES TO IMPROVE

- **HFO programs** met seven out of eight critical research-based Performance Standards for effective service delivery, including early screening and referral, effective family engagement and retention, and home visit completion and caseload points, and exceeded the expectation for local program cash matching funds.