



Jessica A. Dahlgren, Ph.D.

Researcher Associate &
Project Director

CONTACT

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EDUCATION

PH.D. Oregon State University
M.S. Oregon State University
B.A. Oregon State University

PROFILE

Dr. Dahlgren, Researcher Associate and Project Manager at NPC Research has spent the last nine years working with at-risk children and families to strengthen community involvement and wellness. Populations Dr. Dahlgren works with include children with incarcerated parents, children and families with child welfare involvement, and adults and families impacted by substance use. With her doctorate degree in Human Development, Dr. Dahlgren focuses heavily on community context while conducting rigorous research to understand the population of participants in a way that is both humanizing and enlightening. Dr. Dahlgren is a detail-oriented researcher that enjoys working with clients to provide context-driven final projects from start to finish.

WORK EXPERIENCE

Research Associate & Project Manager

NPC Research | January 2022 – Present

- Manages project work, timelines, and team communication on projects of different size and structure
- Leads team meetings and schedules meetings on behalf of the PI and research team
- Assists with budget implementation, FTE review, client communications, and deliverables

Researcher & Data Analyst

NPC Research | July 2020 – December 2021

- Either lead data analyst or support for lead analyst on several grants of different size and structure
- Assists in creation of technical reports and publications
- Collaborates as a team member for each project and committee responsibility

Researcher

NPC Research | November 2018 – June 2020

- Worked hourly while completing doctoral studies
 - Learned IBM SPSS 23
 - Assisted with data collection and processing
 - Supported projects through writing tasks and policy brief creation

Graduate Research Assistant

Oregon State University | Sept. 2015 – June 2019

- Collected data for the Kindergarten Readiness Study under the supervision of Dr. Megan McClelland
- Cleaned and analyzed data that was collected
- Assisted with the implementation of a self-regulation intervention
- Trained teachers and parents on the importance of self-regulation skills

Graduate Teaching Assistant

Oregon State University | Sept. 2015 – June 2019

- Taught several upper division courses for undergraduate students both in person and online
- Provided all instruction for courses
- Graded all student work and provided meaningful feedback to improve critical thinking skills

SELECTED PROJECT EXPERIENCE

Current

Project Director: *National Evaluation of Family Treatment Courts*

- Manages client communication for 5 focal sites around the U.S.
- Requests all data from administrative and program sources
- Coordinates and leads all meetings (internal and external)
- Assists in workflow planning, budgeting, and staffing needs

Project Director: *Iowa Children's Justice: TINY DANSR*

- Manages client communication with statewide client
- Creates detailed evaluation plans and facilitates plan implementation
- Requests data from state of Iowa dependency courts and statewide Child Welfare
- Created budget and staffing arrangements
- Coordinates and leads meetings

Project Director: *Volunteers of America – Dakotas: National Child Traumatic Stress Initiative*

- Manages client communication
- Requests data and assists in creating technical assistance plans
- Coordinates and leads all meetings (internal and external)
- Assists in workflow planning, budgeting, and staffing needs
- Writes technical reports and oversees data analysis

Project Director: *Bureau of Justice Administration Technical Assistance Project*

- Complete all qualitative analysis for COVID-19 court impact report and coordinate quantitative analysis
- Draft COVID-19 court impact report
- Lead all internal staff meetings
- Assist with workflow planning, staffing assignments, and budgeting

Project Director: *Alaska Native Tribal Health Consortium, FR-CARA Project*

- Assist with workflow, planning, and task creation
- Manages all data and drafts deliverables for client
- Provides technical assistance in terms of instrument creation and data collection efforts
- Coordinates client communications

Lead Data Analyst: *Friends of the Children – Oregon & Washington*

- Assist in survey instrument creation
- Attend client meetings to assess data needs
- Lead data analyst for both cross-sectional and longitudinal data (20 years) from Oregon and Washington

Lead Data Analyst: *Healthy Families Oregon*

- Prepares and cleans data for annual status report data and maltreatment report data
- Analyze data for annual status reports and maltreatment reports
- Assist in report creation and data imputation from output to reports
- Manages data team from data collection efforts through analyses
- Assist with training and technical assistance efforts for HFO sites statewide
- Provide data documentation based on cleaning and analysis processes

SELECTED REPORTS AND PUBLICATIONS

TECHNICAL REPORTS

- Dahlgren, J. A.**, Carey, S., Katz, E., Herrera-Allen, T., Johnson, A., & Aborn, J. (2021). Treatment Courts and COVID-19: Search for a New Normal. Submitted to Bureau of Justice Assistance.
- Malsch, A., Green, B. L., Tarte, J. M., & **Dahlgren, J. A.** (2021). Healthy Families Oregon: Combined Status Report (2020) and Maltreatment Report (2019). To be submitted to the Oregon Early Learning Division 2021.
- Dahlgren., J.A.**, & Rivera., M. (2021). Social Determinants of Health ICD-10 Z-Codes: A Comparison of the Syndromic and HFDR Outpatient ER Datasets. Submitted to the State of Alaska: Public Health Division.
- Zilius, C., **Dahlgren, J. A.**, Carey, S., Herrera-Allen, T., Johnson, A., & Aborn, J. (2020). Treatment Courts and COVID-19: Adaptive Operations. Submitted to Bureau of Justice Assistance.
- Dahlgren, J. A.**, Tate Woodson, T., & Rivera, M. S. (2020). Alaska's Prescription Drug Monitoring Program: Analysis of participant feedback questionnaire. To be submitted to the State of Alaska Overdose to Action Committee.
- Malsch, A., Green, B. L., Tarte, J. M., Kissick, K., & **Dahlgren, J. A.** (2020). Healthy Families Oregon: Maltreatment prevention program report years 2015-2016 & 2016-2017. Submitted to the Oregon Early Learning Division 2020.
- Dahlgren, J. A.**, & Rivera, M. S. (2019). Policy evaluation of Good Samaritan Laws in Alaska. Submitted to Alaska's Data Driven Prevention Initiative in 2019.
- Rivera, M. S., Nuzzo, W., **Dahlgren, J. A.**, & Reinitz D. (2019). Palmer FIT Court Quarterly Report. Submitted to Palmer Alaska Families in Treatment Court in August of 2019.
- Rivera, M. S., & **Dahlgren, J. A.** (2019) Palmer FIT Court Quarterly Report. Submitted to Palmer Alaska Families in Treatment Court in February of 2019.
- Rivera, M. S., Sanders, M. B., & **Dahlgren, J. A.** (2019) Henu' community wellness court: Program data report. Submitted to Kenaitze Tribal Health to Wellness, Alaska 2019.

PUBLICATIONS

- Dahlgren, J. A.**, Jarvis, K., & Davidson, S. (In Preparation). Children Exposed to Domestic Violence: Findings from an Evaluation of Specialized Response Programs Grants in California. Manuscript being prepared for Child Welfare.
- Rodi, M. S., **Dahlgren, J. A.**, Smith, L., & Kissick, K. (2022). Characteristics of Family Treatment Courts, the Families they Serve, and Their Capacity to Meet the Demands of Their Communities. *Child Welfare*, 100(3), 103-130.
- Geldhof, J.G., Finders, J.K., **Dahlgren, J.A.**, & McClelland, M.M. (In Press). Revisiting Age- and Schooling-Related Growth in Self-Regulation: A Multi-Level Approach. *Developmental Psychology*, 58(10), 1947-1961.
- Waid, J., Kothari, B. H., **Dahlgren, J. A.**, McBeath, B., & Bank, L. (2020). Intervention Fidelity and Sibling Relationships for Youth in Out-of-Home Care: Findings From a Randomized Control Trial. *Child & Family Social Work*.
- Dahlgren, J. A.**, Healy, S., MacDonald, M., Palmiere, K., & Haegele, J. (2020). Physical Activity and Screen-Time Among Youth with Autism: A Longitudinal Analysis from 9 to 18 Years. *Autism*.
- McClelland, M. M., Cameron, C. E. & **Dahlgren, J. A.** (2019). The development of self-regulation in young children. *Handbook of Developmental Psychology & Early Childhood Education*: Sage.

SELECTED PRESENTATIONS

- Kunkel, T., Bryant, K., Carey, S., & **Dahlgren, J. A.** (2022) Maintaining Participant and Team Engagement in an Ever-Changing World. Presented at NADCP: RISE22, Nashville, TN.
- Rodi, M. S., & **Dahlgren, J.A.** (2022). Implementing Best Practices in Family Treatment Court: Successes and Challenges. Presented at NADCP: RISE22, Nashville, TN.
- Rivera, M., Nuzzo, W., **Dahlgren, J. A.**, Carrillo, L., & Hull-Jilly, D. (2019). Enhancing use to reduce misuse: Developing Alaska's PDMP user training based on characteristics and behaviors. Poster presented at DDPI Grantee Meeting.
- Dahlgren, J. A.**, Kothari, B. H., & Bank, L. (2019). The associations of behavioral engagement and academic self-efficacy in foster youth across time. Poster presented at the Society for Research in Child Development, Baltimore, Maryland.
- Dahlgren, J. A.**, Godlewski, B., Kothari, B. H., & Bank, L. (2019). Longitudinal Associations of Incarceration of Biological Parents and Youth School Attendance. Paper presented at Society for Social Work Research, San Francisco, CA.
- Waid, J., Kothari, B. H., **Dahlgren, J. A.**, McBeath, M., & Bank, L. (2019). Coverage, Comprehension, and Engagement: Intervention Fidelity and Six-Month Relational Outcomes for Sibling Dyads in Foster Care. Poster presented at the Society for Social Work Research, San Francisco, CA.
- Alonso, J. G.**, Tracy, A., Finders, J. K., & McClelland, M. M. (2018). Initial feasibility and fidelity of a self-regulation intervention for preschool children. Paper presented at the International Society for the Study of Behavioral Development, Gold Coast, Australia.
- Alonso, J. G.**, Kothari, B. H., & Bank, L. (2018). The associations of behavioral engagement and academic self-efficacy in foster youth across time. Poster presented at the Oregon Parenting Educators Conference, Corvallis, OR.
- Mercurief, A., Sciuto, I., **Alonso, J. G.**, Finders, J. K., & McClelland, M. M. (2018). Cumulative family resources and children's self-regulation: Where does change occur? Poster presented at the Oregon Parenting Educators Conference, Corvallis, OR.
- Alonso, J.G.**, Godlewski, B., Kothari, B., Bowen, M., & Banke, L. (2016). The impact on gender and sibling co-placement on academic self-efficacy and school engagement among foster youth. Poster presented at the Oregon Parenting Education Conference, Corvallis, OR.
- Geldhof, J.G., Finders, J.K., **Alonso, J.G.**, & McClelland, M.M. (2017). Revisiting Age- and Schooling-Related Growth in Self-Regulation: A Multi-Level Approach. Paper presented at the Society for Research in Child Development Conference, Austin, TX.
- Alonso, J.G.**, Godlewski, B., Kothari, B., Bowen, M., & Banke, L. (2016). The impact on gender and sibling co-placement on academic self-efficacy and school engagement among foster youth. Poster presented at the Society for Research in Child Development Conference, Austin, TX.
- Finders, J.K., Diaz, G., Partipilo, C., **Alonso, J.G.**, Wittenauer, A., & McClelland, M.M. (2016). Examining the feasibility and fidelity of a mobile app intervention designed to support preschool children's self-regulation. Poster presented at the Society for Research in Children Development: Technology and Media in Children's Development Conference, Irvine, California.
- Alonso, J.G.**, Lewis, H., Diaz, G., & McClelland, M.M. (2016). Children's exposure to kindergarten and self-regulation skills. Poster presented at Occasional Temperament Conference, Seattle, WA.
- Finders, J.K., Geldhof, G.J., **Alonso, J.G.**, & McClelland, M.M. (2016). Revisiting age- and schooling related effects on self-regulation during the transition to kindergarten: A multilevel approach. Poster presented at the National Research Conference on Early Childhood, Washington, D.C.
- Sheffield, H., **Alonso, J.G.**, & Kothari, B. (2016). School engagement among pre-adolescent and adolescent siblings in foster care. Poster presented at Oregon State University- Cascades: Undergraduate Research Symposium, Bend, OR.
- Alonso, J.G.**, Diaz, G., & McClelland, M.M. (2015). Children's exposure to kindergarten and self-regulation skills. Poster presented at Oregon State University: Celebrating Undergraduate Excellence poster session, Corvallis, OR.



PROFESSIONAL AFFILIATIONS AND HONORS

- Member of the Society for Social Work Research (2018-Present)
- Member of the Oregon School Readiness Consortium (2017-Present)
- Member of the Society for Research in Child Development (2017-Present)
- Member of the International Society for the Student of Behavioral Development (2017- Present)

PRO BONO AND COMMUNITY WORK

Board Member & Secretary of Board

Family SkillBuilder Services – Clackamas County, Oregon | 2021 – Present

Planning Committee Co-Chair for Biennial Summit

Children of Incarcerated Parents Committee – Clackamas County, Oregon | 2020 - Present

Co-Chair

Children of Incarcerated Parents Committee – Clackamas County, Oregon | 2018 - Present

Volunteer for the Children of Incarcerated Parents Bill of Rights Implementations Team

Governor’s Reentry Council, Oregon | 2018- Present

REFERENCES AVAILABLE BY REQUEST