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EDUCATION

**PH.D. SYSTEMS SCIENCE AND
PSYCHOLOGY**
PORTLAND STATE UNIVERSITY,
PORTLAND, OR
M.S. HEALTH PSYCHOLOGY
PORTLAND STATE UNIVERSITY
B.S. BIOLOGY & PSYCHOLOGY
PORTLAND STATE UNIVERSITY

PROFILE

Dr. Shannon Carey is Co-President and Director of Development at NPC Research. In her management role, she leads strategic planning, grant proposal development and outreach for NPC. As a part of that work, she collaborates with all NPC staff to support research and evaluation projects in meeting NPC's mission of informing policy and improving programs to enhance lives. She also works to ensure NPC's research and evaluation findings are translated into reports, presentation and other products that clients can use to make meaningful change in their programs.

Dr. Carey has worked in the areas of criminal justice and substance use disorder treatment for 25 years, particularly in the area of treatment courts and cost analyses. Altogether, she has been involved in performing process, outcome and/or cost evaluations in over 400 adult, veteran, juvenile, family, reentry, DWI and federal treatment courts across the U.S. She also provides consulting and training in treatment courts operating in Australia, Chile, New Zealand, and England. She is currently co-PI on a national study of family treatment courts (funded by OJJDP and managed by NIJ) as well as several statewide treatment court studies. She also recently completed a process, outcome and cost-benefit study of the nation's first opioid intervention court in Buffalo New York. Dr. Carey was involved with developing and writing NADCP's Adult Drug Court Best Practice Standards as well as OJJDP's Family Treatment Court Best Practice Standards and has assisted several states in writing their state specific standards for all types of treatment courts. She has assisted in developing treatment court certification processes as well as a peer review process that has been launched in several states where treatment court teams visit and give feedback and support to each other in implementing research-based best practices. Based on extensive research, Dr. Carey also developed the treatment court best practice self-assessment tool (BeST).

Dr. Carey performs presentations and trainings across the United States and in other countries. She is an officer on the board of Kinship House, a non-profit that provides comprehensive outpatient therapy and advocacy for children experiencing foster care and adoption. She is an editor on the Journal for Advancing Justice and of the All Rise treatment court best practice standards. Dr. Carey earned her Ph.D. from Portland State University in Systems Science and Applied Psychology.

WORK EXPERIENCE

CO-PRESIDENT & DIRECTOR OF DEVELOPMENT

NPC Research | August 1998 – present

Co-directs company with two other Co-Presidents. Leads strategic planning, grant proposal development and outreach for NPC. Collaborates with all NPC staff to support research and evaluation projects in meeting NPC's mission of informing policy and improving programs to enhance lives. Works to ensure NPC's research and evaluation findings are translated into reports, presentation and other products that clients can use to make meaningful change in their programs. Acts as Principal Investigator for projects of all sizes from start to finish and supervises staff and monitors projects at every phase. Performs trainings and presentations at conferences or in other venues.

ADJUNCT FACULTY

Portland State University | September 1995 – December 2000

Instructor in three topic areas, Introduction to Psychology, Health Psychology, and Introduction to Research Design.

SELECTED PROJECT EXPERIENCE

All RISE BJA Adult Treatment Court Grantees Training and Technical Assistance (2017 – Present)

Principal Investigator

The National Association of Drug Court Professionals has partnered with NPC Research to provide training and technical assistance to Bureau of Justice Assistance (BJA) drug court enhancement and implementation grantees. NPC's tasks include developing and maintaining an online TA assessment tool that grantees fill out describing their drug court practices, assisting in developing the onsite TA protocols, providing onsite TA to the BJA grantees, collecting and analyzing data from the online treatment court best practice assessment and performance measurement tools and working with All Rise to assist grantees to implement best practices in their programs. NPC is also compiling data on over 1500 treatment courts with best practice data and over 300 treatment courts with outcome and cost data. NPC is running analyses to determine new best practices, examining data on roughly 40,000 participants and comparison group members.

NEW YORK OPIOID INTERVENTION COURTS (2023 – Present)

Principal Investigator

NPC is working with the State of New York to assist the administrative Office of the Courts in implementing opioid intervention courts in rural jurisdictions. Opioid intervention courts are intended to prevent individuals who are at risk for overdose at the earliest intercept (at arrest and jail booking/pre trial) from overdose death through rapid connection to services including MAT, peer support and other treatment services. NPC's work includes technical assistance, training and evaluation in each rural site.

STATEWIDE EVALUATIONS OF TREATMENT COURTS (2010 – Present)

Principal Investigator

NPC has collaborated with several state administrative offices to perform statewide process, outcome and cost evaluations of all types of treatment courts. States include California, Colorado, Florida, Maryland, Montana, New Hampshire, New Mexico, New York, Oregon, Pennsylvania, and Vermont as well as individual treatment court evaluation in all other of the 50 states. These studies combined allow the creation of a large dataset that can be used to study treatment court practices, outcomes and best practices.

OJJDP and NIJ's NATIONAL EVALUATION OF FAMILY TREATMENT COURTS (NEFTC) (10/2018 – 9/2024)

Funded by OJJDP and NIJ, the NEFTC is the first nationwide study of Family Treatment Courts. Family treatment courts (FTC) are part of a broad judicial reform movement that seeks to address the underlying causes of criminal and anti-social behavior while preventing recidivism and reducing costs associated with traditional court processing and punishment. FTCs employ a multidisciplinary, collaborative approach to serve families who require substance use treatment and who are involved with the child welfare system. There are more than 300 FTCs across the US, serving thousands of families at the intersection of substance use and child welfare. The NEFTC will examine which family treatment court (FTC) program practices are associated with positive outcomes for parents, children, and their families. It will also identify strategies FTCs are using to meet the specific needs of individuals with opiate addiction and analyze the outcomes and costs of FTCs.

BUFFALO OPIOID INTERVENTION COURT EVALUATION (1/2019 – 12/2020)

Principal Investigator

At the request of the Bureau of Justice Assistance, NPC Research performed an independent process, outcome and cost assessment of the BJA funded Buffalo Opiate Intervention Court (BOIC) to determine the effectiveness of the program and its most beneficial components as well as to determine how to best replicate the beneficial practices. The cost-benefit analysis will determine the resources needed to operate each component of the program and to deliver the specific services provided to participants. Deliverables will include an in-depth report of the program process as well as participant outcomes of particular interest based on available data including use of MAT services and other treatment services, emergency department/hospital visits, drug use/relapse, reincarcerations and re-convictions. The report will also describe the cost for individual program services and other program components, as well as the total cost of the program per participant and the cost for each agency that contributes resources. Any savings that may have accrued due to decreased use of emergency medical care or decreased recidivism will also be cataloged in the report.

SELECTED PROJECT EXPERIENCE CONTINUED

STATEWIDE EVALUATION OF COLORADO'S PROBLEM SOLVING COURTS (2016 – 2021)

Principal Investigator

Colorado's Administrative Office of the Courts requested a statewide outcome and cost evaluation of Colorado's Adult drug courts, Veterans Treatment Courts, Mental Health Courts and DWI courts. This evaluation encompassed process evaluations, administrative data support and recidivism analyses for a variety of individual drug courts and for county criminal justice and juvenile justice agencies. The cost evaluation followed NPC's Transactional and Institutional Cost Analysis (TICA) approach.

OHIO SPECIALIZED DOCKET FAMILY DEPENDENCY COURT EVALUATION (2009 – 2015)

Principal Investigator

In late 2009, NPC Research was contracted by the Ohio Supreme Court Specialized Docket Section to conduct a statewide evaluation of Ohio's Family Drug Treatment Courts. NPC conducted an online assessment of all 20 family drug treatment court sites. The results of this assessment were used to select seven (7) FDTs for more in-depth process evaluations, and four (4) of these seven sites will then be selected to receive outcome evaluations and will add valuable information to the still sparse literature on FDTs.

WHAT WORKS?: AN EXAMINATION OF DRUG COURT PRACTICES WITHIN THE 10 KEY COMPONENTS AND PROGRAM OUTCOMES IN 101 DRUG COURTS (2009 – 2012)

Principal Investigator

This project was funded by the National Association of Drug Court Professionals through a grant from the Bureau of Justice Assistance. The purpose of this project was to compare drug court program practices and outcomes (including graduation rates, criminal justice recidivism and cost-benefits) across over 100 drug court programs to determine which program practices are related to the most positive outcomes.

NIJ'S EVALUATION OF SECOND CHANCE ACT ADULT REENTRY COURTS (NESCAARC) (2011 – 2017)

Principal Investigator

NPC Research, RTI International, and the Center for Court Innovation (CCI) are collaborating on NIJ's evaluation of specialized reentry court models across 8 sites funded by Second Chance Act through the Bureau of Justice Assistance. The evaluation plan includes a process evaluation, impact evaluation, and cost-benefit analysis. This multi-site, multi-component, evaluation will address the following goals:

- Goal 1: Describe the SCA reentry courts through a comprehensive process evaluation:
- Goal 2: Determine the effectiveness of the SCA reentry courts at reducing recidivism and improving individual outcomes through a rigorous impact evaluation:
- Goal 3: Conduct a cost-benefit analysis:
- Goal 4: Contribute to the development of a true "reentry court model"

OREGON MEASURE 57 DRUG COURT RCT (2011 – 2014)

Principal Investigator

Oregon's Measure 57 (M57) provided the opportunity for treatment to prison bound individuals with drug charges and who had substance use disorders in lieu of incarceration. The Oregon Criminal Justice Commission received a Second Chance Act grant to fund several drug court programs specifically tailored for the M57 population. This grant also provided funds for research and evaluation. Working collaboratively with the Oregon Criminal Justice Commission, NPC performed a multi-method approach, including a randomized controlled trial (RCT), to answer a variety of research questions about these M57 programs including topics such as service delivery, adherence to the 10 Key Components of drug courts, commitment and participation of the drug court team members and the cost of the M57 drug court program (DC) as well as the cost of business as usual (BAU) for similar cases as well as participant experience in the program and their views of its effectiveness.

SELECTED REPORTS AND PUBLICATIONS

- van Wormer, J & Carey, S. M. (2024) Court-Based Responses to the Opioid Epidemic: Innovations From the Bench. *Responding to the Opioid Epidemic: A guide for public health practitioners*, pp. 135-144. APHA Press.
- Carey, S. M., van Wormer, J., & Johnson, A. (2022) Responding to a State of Emergency: The Creation of a New Triage to Treatment Court Model to Address the Opioid Crisis. *Journal for Advancing Justice*.
- Marlowe, D. B., Ho, T., Carey, S. M., & Chadick, C. D. (2020). Employing standardized risk assessment in pretrial release decisions: Association with criminal justice outcomes and racial equity. *Law and Human Behavior*, 44(5), 361–376. <https://doi.org/10.1037/lhb0000413>
- NPC Research (2020) Statewide Evaluation of Colorado’s Problem Solving Courts. Submitted to the State Court Administrator’s Office of the Colorado Judicial Department
- Zil, C.E., Nuzzo, W., Rivera, M. and Carey, S.M. (2019). Longitudinal Outcomes of the San Joaquin DUI Monitoring Court. A report to the San Joaquin County Supreme Court, Stanislaus, CA. NPC Research: Portland OR.
- Rodi, M.S., Zil, C. & Carey, S.M. (2018). Best Practices in *Treatment Court Evaluation*. *Federal Probation: A Journal of Correctional Philosophy and Practice* (December 2018) 21-27.
- Ho, T., Carey, S.M., & Malsch, A. (2018). Racial and Gender Disparities in Treatment Courts: Do They Exist and Is There Anything We Can Do to Change Them? *The Journal for Advancing Justice* (1) 5-34.
- Carey, S.M., Ho, T., Johnson, A.J., Rodi, M.S., Waller, M.S., Zil, C.E. (2018) Missouri Treatment Courts. Implementing RNR in a Drug Court Setting: The 4-Track Model in Practice - Outcome and Cost Study Summary. Submitted to the U.S. Department of Justice, Bureau of Justice Assistance and to the Missouri Office of the State Court Administrator, September 2018.
- Carey, S.M. and Ho, T. (2017). U.S. District Court District of Oregon: Portland Reentry Court Outcome Evaluation Report. Submitted to U.S. Probation U.S. District Court District of Oregon, December 2017.
- Carey, S.M., Rempel, M., Lindquist, C., Cissner, A., Hassoun Ayoub, L., Kralstein, D., Malsch, A. (2017). Reentry Court Research: An Overview of Findings from the National Institute of Justice’s Evaluation of Second Chance Act Adult Reentry Courts. *National Institute of Justice May 2017*, <https://www.ncjrs.gov/pdffiles1/nij/grants/251496.pdf>
- Kissick, K., Waller, M.S., Johnson, A.J., & Carey, S.M. (2015). Clark County Family Treatment Court: Striding Towards Excellent Parents (STEP): Process, Outcome and Cost Evaluation. *Submitted to the Substance Abuse and Mental Health Administration (SAMHSA), October 2015*
- Carey, S.M., Allen, T.H., Einspruch, E.L., Mackin, J.R. and Marlowe, D. (2015). Using Behavioral Triage in Court-Supervised Treatment of DUI Offenders. *Alcoholism Treatment Quarterly*, 33:1, 44-63.
- Carey, S.M., Zil, C.E., Waller, M.S., Harrison, P.M., & Johnson, A.J. (2014). Minnesota DWI Courts: A Summary of Evaluation Findings in Nine DWI Court Programs. *Submitted to the Minnesota Department of Public Safety, July 2014*.
- Carey, S. M., van Wormer, J., & Mackin, J. R. (2014). Maintaining Fidelity to the Juvenile Drug Court Model: Let’s Not Throw the Baby Out with the Bath Water. *Drug Court Review*, IX(1), 74-98.
- Carey, S. M., Allen, T, H, Perkins, T. and Waller, M.S. (2013). A Detailed Cost Evaluation of a Juvenile Drug Court that Follows the Juvenile Drug Court Model (16 Strategies). *Juvenile and Family Court Journal* 64 (4), 1–20.
- Carey, S. M., Mackin, J. R., & Finigan, M. W. (2012). What Works? The 10 Key Components of Drug Courts: Research Based Best Practices. *Drug Court Review*, VIII(1), 6-42.
- Carey, S.M. & Waller, M.S. (2011). *Oregon Drug Courts: Statewide Costs and Promising Practices*. Submitted to the Oregon Criminal Justice Commission and the U.S.D.O.J. Bureau of Justice Assistance, March 2011.
- Carey, S. M., Waller, M. S., & Weller, J. M. (2010). *California Drug Court Cost Study: Phase III: Statewide Costs and Promising Practices, final report*. Submitted to the California Administrative Office of the Courts, April 2010.
- Carey, S.M., Sanders, M. B., Waller, M.S., Burrus, S.W.M., & Aborn, J. (2010) *Marion County Fostering Attachment Treatment Court Process, Outcome and Cost Evaluation (Family Drug Court)*. Submitted to the Oregon Criminal Justice Commission and the Office of Justice Programs, U.S. Department of Justice, Bureau of Justice Assistance.

SELECTED REPORTS AND PUBLICATIONS CONTINUED

- Carey, S.M., Sanders, M. B., Waller, M.S., Burrus, S.W.M., & Aborn, J. (2010) *Jackson County Community Family Court Process, Outcome and Cost Evaluation – Final Report*. Submitted to the Oregon Criminal Justice Commission and the Office of Justice Programs, U.S. Department of Justice, Bureau of Justice Assistance.
- Bigelow, D. A., Finigan, M. W., Carey, S. M., & McFarland, B. H. (2010). Medicaid Managed Care and Drug Court Outcomes. In: B. H. McFarland, D. McCarty, & A. E. Kovas (Eds.), *Medicaid and Treatment for People with Substance Abuse Problems*. Hauppauge NY: Nova Science Publishers, Inc.
https://www.novapublishers.com/catalog/product_info.php?products_id=13973
- Carey, S. M. and Perkins, T. (2008). *Methamphetamine Users in Missouri Drug Courts: Program Elements Associated with Success*, Final Report. Submitted to the Missouri Office of the State Court Administrator, November 2008.
- Carey, S. M., Pukstas, K., Waller, M. S., & Finigan, M. W. (2008). *Drug Courts and State Mandated Drug Treatment Programs: Outcomes, Costs and Consequences*. Technical Report Submitted to the U.S. Department of Justice, National Institute of Justice.
- Finigan, M. W., Carey, S. M., & Cox, A. A. (2008). *The Impact of Mature Drug Court Over 10 Years of Operation: Recidivism and Costs*. Submitted to the U.S. Department of Justice, National Institute of Justice.
http://www.npcresearch.com/Files/10yr_STOP_Court_Analysis_Final_Report.pdf
- Carey, S. M., Finigan, M. W., Crumpton, C. D., & Waller, M. S. (2006). California Drug Courts: Outcomes, Costs and Promising Practices: An Overview of Phase II in a Statewide Study. *Journal of Psychoactive Drugs*. SARC supplement 3.
- Crumpton, D., Carey, S. M., & Finigan, M. W. (Oct. 2004). *Enhancing Cost Analysis of Drug Courts: The Transactional and Institutional Cost Analysis Approach*. NPC Research: Portland, OR
- Carey, S. M., & Finigan, M. W. (2004). A Detailed Cost Analysis in a Mature Drug Court Setting: A Cost-Benefit Evaluation of the Multnomah County Drug Court. *Journal of Contemporary Criminal Justice*. 20(3) 292-338.
- Byrne, F., Schauffler, R., Lightman, L., Finigan, M., & Carey, S. (2004). California Drug Courts: A methodology for determining costs and avoided costs. *Journal of Psychoactive Drugs*. SARC supplement 2, 147-156.
- Finigan, M. W., Barron, N., & Carey, S. M. (2003) Chapter 10: Effectively Assessing and Preparing Inmates for Community Substance Abuse Treatment: The Portland Target Cities Project In-Jail Intervention. Stephens, R.C., Scott, C.K., & Muck, R.D. (Eds.) *Clinical Assessment and Substance Abuse Treatment: The Target Cities Experience*. (pp. 165-178). State University of New York Press.